

EIGH PARK THE AMSLEIGH BUZZ 📖



Term 4 Issue 4

Week 7

Thursday 21 November, 2019

DIARY DATES

NOVEMBER

Fri 22nd – Community Working Bee 3:30pm – 5:30pm

Mon 25th – Fri 29th – Year 5 Bike Ed

DECEMBER

Fri 6th – Y5 South Oakleigh SC Leadership Program - AM Year 5 Purple Soup Incursion - PM

Mon 25th – Fri 13th – Y3/4 Continuous Lets Start Designing incursion

TUESDAYS ARE NUDE FOOD DAYS

WEDNESDAY IS SCHOOL BANKING DAY

DUE BY DATES:

NOVEMBER

Year 5 Purple Soup incursion

Wed 27th - Y3/4 Lets Start Designing

2020 New Student Enrolments Please submit enrolment paperwork as soon as possible. Thank you

COPIES OF ALL NEWSLETTERS, FORMS AND NOTICES ARE AVAILABLE ON OUR SCHOOL WEBSITE.

Principal's Report

Flag Raising Ceremony

Recently, we had three new flag poles installed in front of our main building and we now proudly fly the Australian Flag, the Aboriginal Flag and the Torres Strait Islander Flag. We held a special flag raising ceremony on Thursday 21st November which was attended by all students, staff and number of parents. At our flag raising ceremony we were joined by Aboriginal Elder, Mr Arbup Peters, who did a 'welcome to country' and helped us to raise the indigenous flags following the appropriate customs. We were planning to have a special smoking ceremony, but being a total fire ban day this was postponed. Arbup will be happy to come back to Amsleigh Park in future to do the smoking ceremony. He also mentioned how great our students were and how respectful they are, which is always nice to hear. Special thanks also to our local Federal Member for Hotham, Ms Clare O'Neil, who donated new flags to our school for this purpose. The flags look great out the front of our school, and I reminded students that they will be there for many years to come, so they might remember this occasion when we raised them for the first time. I have included a picture on page 2.

Our New Playground Takes Shape

Our brand new playground for Grade 3-6s have now been completed and we are waiting for the temporary fences to come down before we open it officially. It's a great looking new play space for our students, who selected this

design from a number of options. Based on a circuit, structure challenges the students to complete each element without touching the ground. Many thanks once again to our magnificent PFA \$25,000 contributed who towards the project which cost \$50,000 in total, thus making it all possible. We will also plan to have some shade sails constructed in future, as funds become available.



Staffing 2020

It's hard to believe that we are only four weeks away from the end of 2019. As you can imagine we are currently well on the way planning for next year. We are fortunate to have only minimal changes to our staffing profile for 2020, which include the following:

- Miss Trish Jones will be returning from family leave.
- Mr John Powell has decided to take an ongoing teaching role in a secondary setting, teaching Japanese.
- Miss Hillary Sullivan will compete her current role teaching our Grade 4s. We hope to see Miss Sullivan again in future at Amsleigh Park PS.

Teachers will be placed in classes shortly, and the class structure will be published in an upcoming edition of the Amsleigh Buzz.

17 State Street, Oakleigh East, 3166 Phone (03) 9544 1553

www.amsleigh.vic.edu.au amsleigh.park.ps@edumail.vic.gov.au

Class Structure 2020

Planning a fair and equitable class structure for 2020 is underway. Through this process we must decide on the number of classes required at each level, so we can provide an optimal learning environment for all. There are a number of considerations we must make when planning our class structure which include:

- Government funding All schools are funded for the number of students enrolled and we need to staff both classroom and specialist programs
- The number of students in each year level e.g. We have 45 Grade 6s in 2020
- Class size and equity for all
- Organisation of the Curriculum

Of course the key factor in all schools will always be quality teaching, so whilst the grade structure is important, we know that it is not as important as the work our teachers do every day. Once our students form a class they become a community very quickly.

Prep 2020

Our new preps for 2020 have now completed their second orientation to prepare for commencing school. We can already see what a lovely settled group they will be in 2020, and look forward to welcoming them to Amsleigh Park. We had a further information session for new families whilst the children were at this week's orientation. Many thanks to Caz Hayes for providing an outline of our Parents and Friends Association. Special thanks to Jo Devlin and Maria Skroubelos for opening the uniform shop, which is a great help. Our next Prep orientation will be on Wednesday 4th December.

Living up to our School Motto

On a Monday morning each week students will often bring in their medals and trophies they received over the weekend for me to share at assembly. It's a lovely Amsleigh tradition, and I get great pleasure in acknowledging these achievements in front of the school. Thinking back to all of these achievements I can see that they all live up to our school motto, 'Our Best Always'. It's about being your best, and applying yourself with determination, persistence and courage. So, I want to celebrate this fact, and offer another round of congratulations to the many students who are taking on challenges in lots of different ways. And remember doing your best does not mean winning or being the best in your team or group. Rather, it means to do your own **personal** best, as often as you can, whilst continuing to build your own skills and knowledge. It can take many years to become highly proficient in some sports, and the important thing is to keep improving.

Essential Student Learning Items

I would like to provide a friendly reminder that our essential student learning items for 2020 has two (2) components.

- The first one is to purchase a student book pack from our preferred supplier, COS with free delivery available for orders placed on or by the 15th December 2019.
- The second component (\$155.00) is paid directly to the school to cover the cost of all other items, resources and services that we purchase in bulk.

If you have any queries about Payments for Essential Student Learning Items please contact me. Information is also available on our school website.

At Amsleigh Park PS we are mindful of asking parents for financial contributions and we make sure we follow the Department of Education guidelines carefully. All funds we collect are strictly used to provide students with high quality learning programs. The government provides funds for a **standard** curriculum, but we want to provide much more than that, therefore we ask that all parents make a fair contribution.

Thanks is advance for making this contribution, which the vast majority of our families will support. It's an investment in our students and a very worthy one at that!

Dates for 2020

Please note the following dates for your diary for the start of 2020.

Tuesday 28 January 2020- Staff Resume officially for 2020 – preparation and planning day

Wednesday 29 January 2020 – Curriculum Day - Student Free Day (Teachers planning day)

Thursday 30 January 2020 - Grade 1-6 students start school for 2020

Friday 31 January 2020 - Preps start school for 2020

I hope you are looking forward to another great year at Amsleigh Park PS.

Michael Cormick

Pictured to the right you can see our new flags flying proudly during the flag raising ceremony.



Bec's Bulletin...

Twilight Working Bee

A reminder that we have our last working bee for the year this Friday 22nd November from 3:30-5:30. Thank you to those families who have already RSVP'd. We'd love to see as many families there as possible to keep our school grounds looking great.



Transition



Colour Run

The good just news keeps coming from this year's 'Colour Run', and I am very pleased to announce that the event raised just over \$6000.00. Given the event was also lots of fun; this is a great bonus for the school. Prizes earned by students are on order and we hope to receive them shortly. Once again, huge thanks to the PFA, the Craig Family for organising the Fire Truck and everyone involved, this was a most successful event.

Whole School Transition

As our students progress from one Year level to the next, it is important that they feel prepared for what lays ahead. Our Whole School Transition Program supports our students with their level to level transition, through multiple sessions, over December. During these visits, students go as a cohort to spend time in

the next year level's learning spaces, with the current teachers of those levels. Here the students get to know other teachers and the key differences between their current year level and the one ahead. Students have a chance to ask questions and get to know students they may not have been in a class with before. The program culminates with our Smart Start session on Wednesday 18th December, where students will meet with their 2020 grades and teachers where possible. The program begins with our first session on Thursday 5th December.



Coffee Morning

This Friday morning is our last coffee morning of the year! Come and join us for a cuppa before school this Friday morning from 8:15am. Remember to BYO reusable cup for a 50c discount.

Student Late arrivals / early exits

A reminder to families that when a student is arriving late at school, they must come via the office and be signed in. It is important we have an accurate record of who is on site at school at all times, to ensure we can keep all of our students safe. Similarly, if a student needs to leave early as happens from time to time, parents must sign their children out at the office and give the exit slip to the class teacher. Thanks for your help with this procedure.





Student Banking

Every Wednesday

Remember to place your deposit book into the classroom banking satchel

MONASH FESTIVAL SEASON 2019-20

Family Fun Day Sunday 17 November 2019, Chadstone

Monash Carols by Candlelight Sunday 8 December 2019, Wheelers Hill

Australia Day Sunday 26 January 2020, Glen Waverley

Clayton Festival Sunday 23 February 2020, Clayton

Live at Warrawee Saturday 21 March 2020, Oakleigh



For event information visit www.monash.vic.gov.au/festivals 29518 3636 monashcouncil 20monashcouncil



APPS UNIFORM SHOP

Located in the Thelma Baily Learning & Sports Centre

OPENING HOURS - TERM 4 2019

MONDAY: Afternoons 3:00pm - 3:45pm WEDNESDAY: Mornings 8:45am - 9:30am

A copy of the approved uniform list is available at the Uniform Shop, the General Office and on our website <u>www.amsleigh.vic.edu.au</u>

For any other queries, or to source second hand items, please visit the Uniform Shop during the above opening hours.

Thank you to the families who donate second hand uniforms to the school. It is greatly appreciated and enables us to supply good quality items for sale at reduced prices.

Jo Devlin Uniform Shop Co-Ordinator



ITEMS	SIZES	PRICE
Summer Dress	4 - 16	\$23.00 each
Cotton/Lycra Bike Shorts	4 - 16	\$12.00 pair
Boy Leg Briefs	4 - 6, 8 - 10, 12 - 14	\$11.00 pair
Short Sleeve Panelled Polo	4 - 16	\$26.00 each
SurfT-Shirt	4 - 16	\$15.00 each
Shorts - Cotton Rugby (unisex)	4 - 16	\$15.00 pair
Shorts – Gabardine Zip Pocket	4 - 16	\$17.00 pair
Slouch Hat	Small, Medium, Large, Extra Large	\$10.00 each



SUPPORT YOUR HEALTH & MEN'S HEALTH JUST \$2 FOR A 7 DAYS OF GYM ACCESS AND WE WILL DONATE THIS TO MOVEMBER! T&Cs apply in club. \$2 DONATION TO MOVEMBER FOR 7 DAYS ACCESS Get in touch with the team to secure yours today!

Parents, mark your calendar!

Dover Street Preschool 2020 Information Night

Tuesday 3rd December, 2019 7.00 pm - 8.00 pm

Dover Street Preschool 19 Dover Street, Oakleigh East Vic 3166

Phone: 9544 0308 dover.st.kin@kindergarten.vic.gov.au



Please come down and learn about the Kindergarten cumpulum

Learn how to prepare your child for the big first day at kindergarten and discuss Kindergarten readiness with your child's Educators.

Colour Explosion Fun Run Congratulations APPS!!!

After much anticipation we had a very successful Colour Explosion Fun Run. I think it's safe to say all students, parents and teachers who particpated had a great time. We would like to thank all those parent and student volunteers who helped set up and run the event. We would also like to thank the Oakleigh MFB for attending and spraying the students as they ran! We raised a total of \$6,500 which will be put towards interactive line markings on the bitumen around the school.

PFA AGM Tuesday November 26th at 7.30pm

Our next PFA meeting is on <u>Tuesday November 26th at 7.30pm in the</u> <u>After School Care Room.</u> This will be our last meeting for the year, as well as our AGM, where we will be electing a new committee for 2020. If you are interested in either nominating for the Committee or become a PFA Member, please complete a Nomination Form (available on our website) and return it to the school office asap. All parents and carers are welcome to attend. If you have anything you wish to raise, please do not hesitate to contact us at apps.parents@gmail.com







Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



🖂 cadrp@griffith.edu.au

griffith.edu.au/childhood-anxiety-treatment-study



Australian Government National Health and Medical Research Council



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