

# 2019 GRADE 5 BIKE EDUCATION APPROVAL FORM



November 11, 2019

Dear Parents,

As a part of our Physical Education Program, we will be implementing a Bike Education Program for all Grade 5 students. The program will take place at Amsleigh Park and will run over 5 consecutive days, **Monday November 25 – Friday November 29, 9-10am**. Bike Ed consists of a series of cycling activities and on-road simulations. Each student will need to have access to a bike and helmet that are in safe working condition.

**To run the program we need parental assistance over the 5 days. If you are able to help, even for one session, your support would be greatly appreciated. Please state when you are available on the form below.**

**We request your support by ensuring all bikes are in working order (working brakes, correct frame size, handle bar ends covered, etc.) and any repairs or adjustments to your child's bike be made before the program begins. Please refer to the checklist attached for some guidance in how to do a safety check. Helmets must also meet safety requirements, so please replace your child's helmet if the outer or inner shell is cracked, or if it is not the right size.** If your child does not own a bike, please organise to borrow a bike from a buddy (of similar height) in another grade. If your child does borrow a bike please ensure that it has had a safety check.

**Students with Bikes or Helmets that are deemed unsafe will not be able to participate in the practical aspect of the program!**

If you have any questions about the program please feel free to contact me at school.

**Please complete the permission slip below and the checklist attached and return it to your child's classroom teacher before Wednesday November 20.**

Kind Regards,  
Sam Hayes

## 2019 GRADE 5 BIKE EDUCATION APPROVAL FORM

I give permission for my child \_\_\_\_\_ of Grade \_\_\_\_\_ to participate in the Grade 5 Bike Education Program at Amsleigh Park Primary School Monday November 25 - Friday November 29.

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My child will Provide his/her own bike that is in good working order

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My Child has permission to borrow a bike from another student (and has organised this prior to commencement of the program.)

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Contact No. \_\_\_\_\_

### Bike Education Parent Assistance

Please tick the days you are available to help from 9 - 10am.

| Monday 25 <sup>th</sup><br>November | Tuesday 26 <sup>th</sup><br>November | Wednesday 27 <sup>th</sup><br>November | Thursday 28 <sup>th</sup><br>November | Friday 29 <sup>th</sup><br>November |
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