



DIARY DATES

SEPTEMBER

Tues 1st

Sun Smart Hats On
Raising Learners Podcasts commence

Tues 15th

Managing Coronacoaster Webinar

Friday 18th – LAST DAY TERM 3

OCTOBER

Mon 5th – TERM 4 COMMENCES

WEDNESDAYS ARE NUDE FOOD DAYS

WEDNESDAY IS SCHOOL BANKING DAY – ON HOLD UNTIL FURTHER NOTICE

UNIFORM ORDERS TO BE PLACED VIA EMAIL UNTIL FURTHER NOTICE

DUE BY DATES:

COPIES OF ALL NEWSLETTERS, FORMS AND NOTICES ARE AVAILABLE ON OUR SCHOOL WEBSITE.

Principal's Report

Thanks so Much!

Many thanks to our families for picking up the final learning packs for Term 3. Once again, it was very nice to briefly see so many of our mums and dads, even if it was just to say a quick 'hi'.

I want to say a very sincere and heartfelt thanks to all of our parents and carers for your support in Term 3 so far. We know that it has been really hard to spend such an extended time supporting your child/ren, and we want you to know that we really appreciate it. One of the positives to come from this pandemic has been the strengthening of our partnership with parents, and we value this very highly. I truly hope this is one thing that we can continue to nurture, as there is no doubt it is a benefit to our students.

From us to you, thank-you, thank-you, thank-you! From all of our staff we want you to know that we think you have done an amazing job. Hang in there, and with luck, we'll soon be able to take this responsibility back from you.



Father's Day Stall

On behalf of everyone at Amsleigh Park I want to say a huge thanks to the Parent and Friends Association for making the Father's Day stall such a success in 2020. Moving to an online system worked really well, and coordinating it with the pickup of Learning Packs, streamlined the whole process. The old catch phrase, 'Where there is a will, there is a way' comes to mind in this instance. We would like to say a special thanks to Caz Hayes and family, who did most of the organising and packing of the gifts. It's very much appreciated. And while we are at it, a very Happy Father's Day to all of the dads out there for Sunday, hope it's a nice day with the family.

Working Together to Keep our Community Safe

As we start to contemplate the move away from the current restrictions, maintaining a safe community is in everyone's best interest. Even looking at the experience of other States, it seems there is an ever-present risk in becoming too complacent. For example, in NSW, they are still managing multiple outbreaks of COVID, whilst trying to keep restrictions from being reintroduced. It appears to be working, but it does require careful and constant management, and every person in every community needs to play their part. Schools are in a good position to promote community safety. In Victoria we have over one million students, and therefore we have a connection to many families in every part of the State. So, if each school community gets the safety message out to their community, then this might help to keep the message up to Victorians. It might sound cheesy to say it, but we are actually all in this together, and we can all do our bit.

Now, I realise that we can't control others, but if we work together as a community, I'm sure we can make a positive difference in regard to our own community safety. As we go forward, I hope you will join in partnership with Amsleigh Park to be a COVID safe – COVID aware community. We'll not only keep our students and staff safe, but hopefully this will help us to avoid any potential disruptions at our school.

We are currently starting to work on planning for Term 4, and when we have a clear idea of the State roadmap, we will be able to further consolidate our plans. Safety and wellbeing will certainly be key considerations in our COVID-19 Management Plan.

SRC and the Enviro-Stars

Enviro-Stars Captain, Finn, has shared some helpful tips on sustainability this week. Check it out on the next page, and very well done to Finn for his initiative.

The SRC is meeting today to catch up and discuss some plans for Term 4. I'm going to ask them to help to promote Amsleigh Park as a COVID-Safe and COVID-Aware community.

Remote Learning Survey

On Monday this week we opened up a survey about remote learning for Term 3, in order to undertake an evaluation of our learning program. We already know that learning during Term 3 has been very difficult for some students, and despite having a much better learning program, it has not been an easier time. It's fully understandable that children are missing their friends and the familiar routines of school life; we are all feeling it, and with luck, we may soon be back into a more positive routine. The survey results have been excellent, with 113 responses to date. I'll put some of the findings into the next Edition of the Buzz.

SunSmart

As we have now welcomed spring, it's time to dust off the hats and protect our skin from UV radiation. We know that a lot of skin damage occurs in childhood, so it's an important message.

When UV is 3 or above be SunSmart



Supporting Children during Remote Learning resources

The Department of Education and Training is providing the following two helpful new resources to assist you with supporting your children during remote and flexible learning. Both are completely FREE. I highly recommend the session with Michael Carr-Gregg; I attended an earlier one and it was helpful, practical and relevant.

Raising Learners podcast

The Department of Education and Training has funded a 10-episode podcast series through the Raising Children Network called 'Raising Learners'. It features parenting experts from organisations including the Murdoch Children's Research Institute, Career Education Association Victoria, as well as the Australian eSafety Commissioner, Julie Inman-Grant.

Raising Learners provides parents with practical advice, tips and ideas for supporting children's health, wellbeing and engagement at school and at home. Topics include how to connect with your child's school and community, how to best support your child's learning, what to expect for VCE and VCAL students and how to keep your child safe online.

These topics were drawn from common questions that parents raised with the Department's coronavirus (COVID-19) hotline and Parentline.

The first three episodes will be available on 1 September, and the rest throughout terms 3 and 4. Raising Learners can be accessed via podcast apps and [Raising Children Network website](#).

Managing the Coronacoaster webinar

Renowned child psychologist Dr Michael Carr-Gregg is back by popular demand to repeat his Coronacoaster webinar.

On 15 September, Dr Michael Carr-Gregg will again present Managing the Coronacoaster – Tips for building resilient families in the coronavirus era. His first webinar in August booked out in three days, with more than 12,000 registrations.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown period and remote learning. Topics include:

- your supportive role
- setting the emotional tone
- focusing on what you can control
- how to deal with disappointment
- more resources and where to get help.

Webinar details

When: 7.30pm, Tuesday 15 September

Duration: 45-minute presentation, followed by a 15-minute question-and-answer session

Format: online via live stream

Cost: free

[Register for the Managing the Coronacoaster webinar via Eventbrite](#)

Stay safe, stay well and stay connected,

Michael Cormick

Principal

THE AMSLEIGH BUZZ

Hi, Finn here from the Enviro Stars,



Hope you are all keeping well. Isolation can be a pretty good time to help the earth, by being environmentally friendly, so I thought I would remind you of a few simple things you can do whilst at home.

Firstly, we can now recycle food waste in with the new Monash Council system. It is so very easy:-

- 1) Collect food scraps in your kitchen caddy (that the council provided to every household)
- 2) Empty it into the large green waste bin with your garden clippings.
- 3) Put your large green bin out every fortnight.

WHAT YOU CAN PUT IN...

Fruit and vegetable scraps
Meat, seafood and bones
Noodles, rice
Cooked leftovers
Egg shells, dairy and baked goods

DO NOT PUT IN...

Plastic bags and food containers
NO PLASTICS AT ALL, not even compostable or biodegradable items
Fruit and vegetable stickers
Rubber bands and labels
Nappies and baby wipes
Pet waste



And remember to turn off all your electronics when you are not using them, especially computers, gaming consoles, lights, heaters and phones.

Take care.
Lots of awesomeness,

Finn - Environment Captain 🌱

APPS UNIFORM SHOP

Located in the Thelma Baily Learning & Sporting Centre

OPENING HOURS - TERM 3 2020

Orders for new Uniform items can be emailed to the school. Please download & complete a copy of our uniform shop order form. Note that the only payment method available is credit/debit card.

Once orders are filled, you will be notified in regards to collection. In the event of incorrect sizing, please return unworn items/s with tags intact, together with a note that includes the child's name, grade and the correct size required.

A copy of the approved uniform list/order form is available on our website
www.amsleigh.vic.edu.au

Libby Jumas
Uniform Shop Co-Ordinator



WINTER ITEMS

<u>ITEM</u>	<u>SIZES</u>	<u>PRICE</u>
Bomber Jacket	4 - 14	\$37.00 each (Size 16 \$42.00)
Long Sleeve Panelled Polo	4 - 16	\$28.00 each
Windcheater	6 - 14	\$24.00 each (Size 16 \$28.00)
Track Pant - Double Knee	4 - 14	\$23.50 each (Size 16 \$27.00)
Track Pants - Straight Leg	4 - 14	\$23.50 each (Size 16 \$27.00)
Girls Pants - Straight Leg	4 - 16	\$22.00 each
Slouch Hat	Small, Medium, Large, Extra Large	\$10.00 each



Message from Commonwealth Bank;

The School Banking program will remain on hold until the normal operating rhythm of schools resumes.

We will continue to monitor the situation and keep you informed with any updates including how we will be managing Dollarmite tokens for students.

In the meantime, here are some handy online resources for parents who wish to maintain momentum with their child's financial education:

- [Start Smart](#): these resources have been created to improve children's money management skills, and is aligned to the Australian Curriculum and the National Consumer Financial Literacy Framework.
- [The Beanstalk](#): offers videos and fun activities for children to learn about money.

PARENTING DURING COVID-19

5-12
years

COVID-19 has impacted families unlike anything we have ever experienced before. Most parents are facing new challenges with their children and trying to not *sink* but *swim*. This webinar will give you expert insight, advice, and tips for navigating through our changing environment and supply you with strategies the whole family can benefit from.

Topics covered included:

- Managing feelings of stress, anxiety, and uncertainty
- Tips to ensure effective communication
- Creating a calm home environment
- Mental Health Concerns
- Taking care of you

