

House Cross Country

April 26, 2021

Dear Parents,

On Friday, the 7th May, all students in Grades 3-6 will be running in the 2021 House Cross Country. Students will run laps around the school oval and playground areas in their appropriate age groups from 9.15am. House points will be awarded to every competitor and go towards their team total. The *approximate* race times are below:

12 year olds	Girls 9.20am	Boys 9.35am
11 year olds	Girls 9.45am	Boys 10am
9/10 year olds	Girls 10.10am	Boys 10.25am

Students will need to wear appropriate running shoes and are encouraged to wear their house colours. Bradman is red, Fraser is yellow, Goolagong is green and Whitten is blue.

Alternatively, students can wear accessories in their team colour (eg. ribbons, headbands) with their school uniform. The emphasis is on fun, fitness and giving the students an opportunity to participate in a friendly competition.

Parents are welcome to attend and support their children. If you are available to assist on the day, please let your child's class teacher know. This will involve standing around the track to make sure all students follow the course.

The top 10 runners in each event will be offered a position in the Amsleigh Cross Country team, to compete on the 18th May in the Oakleigh District Cross Country Event.

Kind Regards,

Sam Hayes
PE and Sports Coordinator