



## DIARY DATES

### MAY

**Mon 10** – 1/2 Science Works Excursion

**Fri 14** – Prep Incursion  
5/6 Interschool Sport

**\*SATURDAY 15 – APPS OPEN DAY\***

**Thurs 20** – Community Working Bee

**Fri 21** – 5/6 Werribee Zoo Excursion

**Mon 24-Wed 26** – G3/4 Camp

**Fri 28** – 5/6 Interschool Sport

**Mon 31 – Fri 4 June** – G5/6 Camp

### JUNE

**Fri 11** – 3/4 Melbourne Aquarium Exc.

**Mon 14** – Queen's Birthday Public Holiday

**TUESDAYS  
ARE NUDE FOOD DAYS @ APPS**

## DUE BY DATES:

### MAY

**Thurs 6** – 3/4 camp final payment

**Mon 17** – 3/4 Melbourne Aquarium Exc.

**Wed 19** – 5/6 Camp final payment

**COPIES OF ALL NEWSLETTERS, FORMS  
AND NOTICES ARE AVAILABLE ON  
OUR SCHOOL WEBSITE.**

## Principal's Report

### Hoodie Up for Autism

A very big thank you to all of our students who participated in 'Hoodie up for Autism' awareness building day on Friday 30<sup>th</sup> April. This event was proposed and organised by the Student Representative Council, and is a most worthwhile focus for our students. Most students in schools will have contact with children with Autism, and having an understanding of this condition is therefore very important. It is estimated that 1 in 70 people have Autism.

Autism Spectrum Australia describe autism as follows;

*Autism is a condition that affects how a person thinks, feels, interacts with others, and experiences their environment. It is a lifelong disability that starts when a person is born and stays with them into old age. Every Autistic person is different to every other. This is why autism is described as a 'spectrum'.*

For more information about Autism please visit the Amaze (Autism Victoria) website. [autismvictoria.org.au](http://autismvictoria.org.au)

### Open Morning

Our Open Morning for families with children starting school in 2022 or 2023 will be held on Saturday 15<sup>th</sup> May, 2021. Any families with children in 3YO or 4YO Kindergarten/Pre-school are welcome to come along. During this event our student leaders will be acting as school ambassadors and providing school tours. There will be a jumping castle and sausage sizzle as well, just for a bit of fun. Any families who are already part of our community, and have children yet to start school are welcome to attend as well. Our teaching staff will be on hand to answer questions and our school councillors will be running the sausage sizzle and helping to promote Amsleigh Park PS. It's vitally important that we continue to promote Amsleigh Park PS within our local community, so tell friends, family and neighbours about this event.



### Slippers are Welcome in Winter

During the winter months we work hard to keep the carpets as clean as possible, especially in the Junior Learning Centre, which has lighter grey carpet. In 2019 we trialled having our students wear slippers when indoors and it worked very well. Not only was the carpet kept cleaner, but the students (and staff) clearly loved being in their comfy slippers when indoors on those cold winter days. All students are encouraged to bring in a pair of slippers to leave in their bag locker, or classroom. The slippers will remain at school until later in the year, and then we will send them home once the weather is consistently drier. Thanks for helping us with this, it makes sitting on the floor far more comfortable for children.



## NAPLAN testing next week

The annual National Assessment Program in Literacy and Numeracy (NAPLAN) tests will be conducted in May 2021. The NAPLAN tests will involve all students in years 3, 5, 7 and 9 from all states and territories across Government, Catholic and Independent Schools. The NAPLAN tests will be conducted on Tuesday May 11, Wednesday May 12 and Thursday May 13.

NAPLAN assesses skills in Literacy and Numeracy that are developed over time through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how students are progressing in Numeracy and Literacy skills against national standards for all Australia children. It also provides valuable information that allows schools and governments to better target effort and support to help all students achieve their potential and acquire the basic skills to help them build successful and happy lives.

All students (in Years 3 & 5) are expected to participate in these tests. Some students with very specific circumstances may be exempted from participating in the tests.

The best way you can help your child prepare for NAPLAN is to let them know that **NAPLAN is just one part of their school program, and to urge them to simply do the best they can on the day.** Included in this newsletter is an article from parenting educator, Michael Grose, with some helpful hints about helping students prepare for NAPLAN tests.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern. Parents may also wish to use their child's results to discuss progress with teachers. More information is available at [www.naplan.edu.au](http://www.naplan.edu.au)

Year	Tuesday 11 May	Wednesday 12 May	Thursday 13 May
Year 3	Language conventions: 45 minutes Writing: 40 minutes	Reading: 45 minutes	Numeracy: 45 minutes
Year 5	Language conventions: 45 minutes Writing: 40 minutes	Reading: 50 minutes	Numeracy: 50 minutes

## Attitudes to School Survey

Each year our grade 4-6 students have the opportunity to participate in the DET 'Attitudes to School Survey', sharing their perceptions on a range of areas. Connectedness to peers, classroom behaviour, engagement, help and support are just some of the areas students are asked about. The survey takes about 20 minutes to complete and is done during a class session. The data that we receive is analysed and we then identify areas we would like improve further. Students will be undertaking this survey over the next few weeks.

## Level Newsletters

Families will be receiving the Term Newsletter from their class teacher over the next week. This newsletter is developed by each teaching team, e.g. Grade 1 and 2 teachers, for their whole level. Our teachers work hard to make sure that the newsletter provides an overview of the learning that our students will undertake across each Term. As you will see there is always a detailed plan in place and lots of concepts for our students to learn and consolidate. If you do not receive a copy via email please let your teacher know.

## Check out our New Mandala Maze

During the Term 1 holidays we had some work undertaken to fix up the Mandala Maze located in our wonderful Inclusion garden. The maze was originally painted onto the surface, but the paint quickly started to wear and eventually started to look terrible. The contractor was surprised that this had happened but agreed to find a better solution, and it was decided to create the maze using artificial turf. The result looks quite spectacular, and this should now be a low maintenance item with a life span of 15+ years.



That's all for this week, until next time.

*Michael Cormick*

Principal



## Bec's Bulletin...

### Year 6-7 Transition 2021-2022

An important reminder to our Year 6 families, that the 'Application for Year 7 Placement 2022' form, which all students, including those attending an independent school in 2022, must complete, is due back next **Friday 14<sup>th</sup> May**. Please ensure you have returned this form by the due date so your child's form may be sent off to the relevant secondary school in a timely manner.



If Year 6 families have any queries about this process, please contact me at school and I'll be happy to answer your questions.

### Aerobics



It was super exciting for Amsleigh Park's competitors and coaches to be back at an Aerobics Competition after missing competitions in 2020! Last Thursday 29<sup>th</sup> April, our Aerobics team competed in the Victorian Regional Qualifiers at Doncaster Secondary College, after training twice a week since the beginning of the year. We congratulate them on progressing to the Victorian State Finals in June. Aspasia in Grade 6 also entered the 'Athlete Audition' section, where she too has progressed to the State Finals. Congratulations Rip Curls and Aspasia! We wish you all the best for the State Finals!

### Camp

Camp planning is well underway for our Year 3/4 Camp to Manyung and our Year 5/6 Camp to Kangarooobie for later this term. It has been lovely to see the excitement of the students in the lead up to these events! Camps provide such a great opportunity for students to develop independence, confidence and an ability to compromise, as they get to know and live with others for the camp. A reminder to families to please return medical, consent and behaviour forms as soon as possible, to allow for the final plans to be made. If you have any queries about the camps, or camp payments, please contact Michael Cormick regarding 3/4 camp, or Bec Carr regarding 5/6 Camp. I'm sure we're all looking forward to some great camps this year!



### NAPLAN

Parents of our Year 3s and 5s received a letter last week, informing them of the upcoming NAPLAN (National Assessment Program for Literacy and Numeracy) tests. Students in years 3 and 5 will be assessed in Reading, Writing, Language Conventions and Numeracy next week. If you have any questions relating to the NAPLAN tests or your child in relation to NAPLAN, please contact your child's teacher, or Michael Cormick or Bec Carr.

### School Wide Positive Behaviour Support ~ SWPBS

After some interruption to our strategic work in 2020, Staff at Amsleigh Park Primary School are continuing their Professional Learning about implementing the School Wide Positive Behaviour Support approach, supported by our Department of Education SWPBS Coach this year. SWPBS continues to be a part of our social and emotional learning program in Grades Prep -6, where expected skills and behaviours are explicitly taught.







We have included the behaviour matrix on the next page for parents to familiarise themselves with. The matrix is reviewed each year to ensure it maintains relevance and effectiveness within our school context. You will see that the matrix is based on our school values, with a breakdown of how people can show that value in different settings.



# Amsleigh Park SWPBS Behaviour Expectations

*At Amsleigh Park we show integrity by committing to our school values and expectations and appreciate the same from others.*

	Always	Learning Areas (classrooms, specialist areas, outdoors, learning street etc)	Common Spaces (hallways, foyer, learning street, hall)	Outdoor - active (oval, playgrounds, asphalt)	Outdoor - passive (eating areas, front of school, friendship garden, junior garden)	Taps and Toilets	eSmart
Respect	I respect others' right to teach and learn I listen attentively I respect all property I use my manners I move safely	I remain with my group I consider everyone around me 	I walk on the left I greet others as I pass them	I keep my hands and feet to myself I use sports equipment appropriately I return equipment I am sun smart I respect trees and garden beds	I use the eating areas and rubbish bins I walk on paths I am sun smart I respect trees and garden beds	I use the drinking taps for drinking only I wash my hands and turn off the tap I throw paper in the bin I use the toilets appropriately I give people their privacy	I only access my own account and files I use devices and equipment with care I keep school settings I keep my information private I shut down and put my device on charge I use technology with patience I solve small problems on my own
	I celebrate the success of others I manage my emotions I persist when challenged I bounce back after disappointment	I look for more than one solution I consider and respect others' ideas	I take responsibility for my actions and words	I win and lose graciously I am open to a variety of games	I share spaces		
	I participate positively I engage in learning I try my best I line up quickly and quietly	I am prepared I ask for help I try to improve	I return to class as soon as possible 	I respond promptly to the music I follow the rules of the game	I respond promptly to the music	I go to the toilet during recess and lunch I only go to the toilet when I need to I return to class as soon as possible	I stay on task I follow instructions and only use appropriate programs or websites
Inclusion	I am flexible and invite others to join in I respect differences I include others I ask to be included	I consider others I work with a variety of people I share classroom resources	I am mindful of others using the space I leave the space neat and tidy	I consider others I share spaces and equipment	I share spaces 	I patiently wait for my partner	I communicate respectfully online I share my knowledge and skills with others I share resources with others

## Helping students get ready for the NAPLAN tests By Michael Grose- [www.parentingideas.com.au](http://www.parentingideas.com.au)

*The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.*

During the third week of May Australian children in Years 3, 5, 7 and 9 will take part in the National Assessment Program – Literacy and Numeracy (NAPLAN). The stated purpose of this testing program is to gain an overall picture of educational attainment levels to assist education policy and decision-making.

The program, first implemented in 2008, has drawn some criticism from a number of different quarters, particularly in regard to the use of the information gained through the NAPLAN tests. You've probably heard a number of different viewpoints expressed in the media over the last few weeks.

One view commonly put forward is that the NAPLAN tests put undue pressure on children to perform in test situations. If so, then perhaps the best approach for parents and teachers is to help them handle the pressure rather than avoid it. The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

Children and young people take their cues from their parents about how to handle many situations. American psychologist Martin Seligman discovered more than a decade ago, through his research into children's thinking styles, how closely a child's explanatory style mimics that of the parent they spend most time around. Optimistic parents beget optimistic kids, just as anxious parents can beget anxious kids. The impact of a parent's explanatory style seems to be magnified somehow in small families where there are fewer voices to be heard.

As a parent it helps your child, if you take a positive view of the NAPLAN tests. It's better to see them as learning opportunities for kids as well as opportunities to overcome any anxieties or nerves that these tests may bring on. It's also worth remembering that many children don't stress over these tests. The vast majority take them in their stride, wondering what all the fuss is about.

### **Whether your child stresses or takes them in his stride here are some tips to help prepare for the NAPLAN tests:**

- 1 Take your cues from your child:** If your child doesn't worry about them then neither should you. Be careful not to create a problem that doesn't exist by incessantly talking about, or worse, worrying about the test.
- 2 Focus on doing their best and trying hard:** Choose your words carefully when you speak with your kids. As with all their learning activities place your focus squarely on effort rather than results. The only pressure on kids should be to try hard rather than to do well.
- 3 Listen to any concerns they have:** If your child confesses to some nerves then validate their feelings, rather than shut them down with a 'get over it' response. "Yes, sometimes tests can be a little scary, but they get easier every time you take them." Use this as an opportunity to develop some emotional smarts, which starts with recognising how kids feel.
- 4 Give them some relaxation ideas:** Anxious or nervous kids will benefit from some simple relaxation strategies. Taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.
- 5 Help them retain their perspective:** One way to help children who become excessively anxious about an event is to ask what's the worst thing that could happen? Okay, they may not do as well as they would like but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise.

A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it's going on school camp, joining a new club or sitting a NAPLAN test.

## FROM THE SCHOOL OFFICE...

### Family Account Information

Each time a new fee (invoice) is processed to family accounts, (swimming, camp, etc) a statement will be sent home via email. You may notice two different types of credit notes listed on your statement. Regular credit notes can be applied to any outstanding invoices, including outstanding 2021 Essential Education Item fees. CSEF credit notes can only be allocated to invoices relating to camps, sports, excursions etc. All credit notes are shown with a negative symbol, -\$10.00. There may also be an unallocated receipt amount, this is also shown as a negative. These unallocated receipts are a result of a payment being made without the relevant paperwork handed in to notify us of what is being paid for.

**2021 Fees & Charges – Please carefully check if you have a credit / unallocated receipt amount on your family account that could be used to offset any outstanding fees. Please adjust your payment accordingly to avoid further overpayments.**

BPay is the preferred method of payment, followed by credit/debit card.

If you have any queries regarding your family account, please contact the office.

A reminder to please settle any outstanding fees as soon as possible. Let us know when you have made a BPay payment by sending an email to [amsleigh.park.ps@education.vic.gov.au](mailto:amsleigh.park.ps@education.vic.gov.au) to advise us which fees are being paid so the correct receipt allocations can be made.

**2021 Camps, Sports & Excursions Fund (CSEF)** – Eligible families can now claim the 2021 CSEF allowance. New families to the school who hold an eligible Centrelink pension or health care card should collect an application form from the office. We are required to sight and make a copy of your eligible card. Existing families who did not claim last year and have recently become eligible should also collect an application form from the school office. Families who claimed last year through our school do not need to complete another application form, the CSEF system uploads details from last year and will advise us if families are no longer eligible.

### Absences / Late Arrivals

A reminder that all absences should be reported to the General Office. Admin staff process all attendance data, including late arrivals and early exits, teachers are informed during this process. Absences can be notified by Xuno, email or phoning the school and selecting 1 when prompted to leave an absence message. Students arriving late to school must be signed in at the office by a parent. Parents should complete the sign in register, fill out a "Late Slip" and hand this to your child so they can then proceed to their classroom and parents can then depart from the general office.

Thank you,

Karen Hogan  
Business Manager



### 2021 Term Dates

**Term 2** – Monday 19<sup>th</sup> April – Friday 25<sup>th</sup> June

**Term 3** – Monday 12<sup>th</sup> July – Friday 17<sup>th</sup> September

**Term 4** – Monday 4<sup>th</sup> October – Friday 17<sup>th</sup> December



## **News from the PFA**

### **Hot Cross Bun Fundraiser and the Easter Raffle Wrap Up**

A huge thankyou to all families that donated eggs, sold raffle tickets, bought Hot Cross Buns or donated their time for our Easter activities this year.

Well over \$1000 was raised!

We hope you had a lovely Easter with friends and family.



### **Mother's Day Stall**

Our annual Mother's Stall was up and running today, with kids invited down in classes to shop from the stall for special gifts for Mums and other special people in their lives. It's so lovely to see all of the children taking responsibility for their own spending and the thought that goes into the gifts they choose.

To all of our very special Mums and other loved carers in the children's lives, we wish you a fabulous Mother's Day this Sunday. We hope you all have a well deserved, happy and relaxing day.

### **Parents Trivia Night**



A very fun addition to the PFA calendar is the Parents Trivia Night, and this event will be held on Saturday 17<sup>th</sup> July, 2021. In the Thelma Bailey Centre at the school, this is an adult (no children) event where parents are invited to organise tables of up to 12 people to participate in a night of trivia, auctions, raffles and some very fun games.

*Save the date in your calendars now and stay tuned for more information!*

In the meantime, we are asking all families to have a think now about how they might be able to help make this event a huge success.

If you can help with any of the following, we would LOVE to hear from you:

- Be a member of our organising committee for the event
- Donate a prize, either for a raffle or for a silent auction
- Know anyone who they might be able to approach for any donations for the night
- Know anyone with a special skill that could donate something extra fun for the night – for example: balloons, decorations, lights etc
  - Any other ideas!

*If you think you have something to offer, please drop us a note to:  
[apps.parents@gmail.com](mailto:apps.parents@gmail.com)*

THANKING YOU ALL IN ADVANCE!

*Our next PFA meeting is Tuesday 18<sup>th</sup> May at 7pm in the After School Care room.  
All welcome!*



## APPS UNIFORM SHOP

Located in the Thelma Baily Learning & Sporting Centre

### OPERATING HOURS - TERM 2 2021

Monday morning - 8:45am - 9:30am  
Tuesday afternoon - 3:00pm - 3:45pm

For counter sales, please pay first at the general office - credit card /eftpos payments preferred. Note that we do not offer "Tap" payments.

**Emailed orders for new Uniform items are still accepted and encouraged.**

Please download & complete a copy of our uniform shop order form and send to  
[amsleigh.park.ps@education.vic.gov.au](mailto:amsleigh.park.ps@education.vic.gov.au)

Any Back orders will be filled as soon as stock is available.

In the event of incorrect sizing, please return unworn items/s with tags intact, together with a note that includes the child's name, grade and the correct size required.

A copy of the current approved uniform list/order form is available on our website  
[www.amsleigh.vic.edu.au](http://www.amsleigh.vic.edu.au)

Libby Jumas  
Uniform Shop Co-Ordinator

## SALE - WINTER ITEMS



ITEM	SIZES	PRICE
Discontinued Girls Bootleg Pants (Brand New) Approximately 40 pairs in various sizes	4 - 16	\$5.00
Discontinued Boy Leg Briefs - Twin Pack (Brand New) Approximately 15 Twin Packs	4-6, 8-10, 12-14	\$4.00
Only available from the Uniform Shop whilst stocks last No exchange or refunds available on these items		
Please see order form below for all other uniform shop items.		



# THE AMSLEIGH BUZZ

## AMSLEIGH PARK PRIMARY SCHOOL - UNIFORM SHOP ORDER FORM Effective Term 2, 2021

STUDENT NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ DATE: \_\_\_\_\_

APPROVED ITEM	COLOUR	\$ PRICE INC. GST	SIZE 4 QTY	SIZE 6 QTY	SIZE 8 QTY	SIZE 10 QTY	SIZE 12 QTY	SIZE 14 QTY	SIZE 16 QTY	TOTAL COST \$ (INC GST)	Office Use ✓ Date Supplied				
Short Sleeve Panelled Polo <u>SSP</u>	Navy/ Emerald	\$26.00													
Long Sleeve Panelled Polo <u>LSP</u>	Navy/ Emerald	\$28.00													
Surf T-shirt (No Collar) <u>STS</u>	Navy Size M-XL also avail	\$15.00													
Windcheater <u>WC</u> Size 6 -14 Size 16	Navy	\$24.00 \$28.00													
Bomber Jacket <u>BJ</u> Size 4-14 Size 16	Navy/ Emerald	\$37.00 \$42.00													
Shorts -Cotton <u>CRS</u> Rugby (Unisex)	Navy	\$15.00													
Shorts- Gabardine Zip Pocket <u>GS</u>	Navy	\$17.00													
Track Pants <u>TPDK</u> Double Knee-Unisex Size 4-14 Size 16	Navy	\$23.50 \$27.00													
Girls Pants <u>SLP</u> Straight Leg Viscose/Nylon/Elastine	Navy	\$22.00													
Girls Skort Gab <u>SKTG</u> (Gabardine Fabric)	Navy	\$17.50													
<u>SKTC</u> Girls Skort - Cotton	Navy	\$17.50													
Summer Dress <u>SD</u>	Navy & White	\$23.00													
* Bike Shorts Cotton/Lycra <u>BS</u>	Navy	\$12.00													
* BoyLeg Briefs <u>BLB</u> Twin Pack	Navy	\$8.00	Size 4 - 6		Size 8 - 10		Size 12 - 14								
* Bike Shorts & Boy Leg briefs are to be worn UNDER a school dress only			Total From Over Page							\$					
			TOTAL ORDER							\$					
Office Use Only Receipt # _____										Cash / Cheque / Credit Card / EFT \$	Office Use				

-----X-----

**CREDIT CARD PAYMENT** Student Name & Grade \_\_\_\_\_  
MasterCard or Visa only DO NOT COMPLETE FOR A DEBIT / EFTPOS CARD - TAKE CARD TO GENERAL OFFICE FIRST FOR PROCESSING

Cardholders Name: \_\_\_\_\_ Card Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

TOTAL \$ \_\_\_\_\_ Cardholder Signature: \_\_\_\_\_ FOR: UNIFORM PURCHASE

Cardholder Contact Phone Number: \_\_\_\_\_

Card No:

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## APPS UNIFORM SHOP ORDER FORM

Effective Term 2, 2021

ITEM	COLOUR	PRICE INC GST	SIZE		QUANTITY		TOTAL \$ (INC GST)	Office Use ✓ Date Supplied
School Bag <b>SBAG</b>	Navy	\$35.00						
Art Smock <b>AS</b> Small Medium Large X-Large	Navy OR Emerald	\$15.00			Navy	Emerald		
Book Bag <b>BB</b> <i>Not required for Preps</i>	Navy	\$8.00						
Slouch Hat <b>HAT</b> (Tick size req'd)	Navy	\$10.00	SMALL 55cm	MED 57cm	LGE 59cm	XL 61cm		
Gloves – <b>G</b> Small or Medium	Navy	\$5.00	SMALL or MEDIUM		SMALL	MEDIUM		
Winter Tights <b>WT</b> Sizes 3-5, 7-9, 10-12	Navy	\$7.00						
Beanie <b>B</b> Child / Adult	Navy	\$5.00 ea	Child / Adult		CHILD	ADULT		
Scarf - one size <b>S</b>	Navy	\$5.00 ea	One size					
All items have been approved by Amsleigh Park Primary School Council – see Uniform Policy for further information.								
						TOTAL THIS PAGE \$ _____		

The uniform shop is located in the foyer of the Thelma Bailey Learning & Sporting Centre (Gym)

### UNIFORM SHOP OPENING HOURS – Term 2 2021

Monday morning – 8:45am – 9:30am

Tuesday afternoon – 3:00pm – 3:45pm

Credit /Eftpos/Debit card payments must be made at the General Office  
prior to collecting uniform items.

ORDER FORMS ARE AVAILABLE ON THE SCHOOL WEBSITE

[www.amsleigh.vic.edu.au](http://www.amsleigh.vic.edu.au)

**IF YOU DON'T NEED TO ATTEND THE UNIFORM SHOP IN PERSON DURING OPERATING HOURS,  
PLEASE PLACE AN ORDER AS PER THE FOLLOWING INSTRUCTIONS**

1. Write child's name, grade and date of order at top of order form.
2. Indicate quantity of items required per size and total cost for each item.
3. Scan (PDF) and email this completed form to [amsleigh.park.ps@education.vic.gov.au](mailto:amsleigh.park.ps@education.vic.gov.au) OR send an email directly to the school with your details, student name and grade, the items required and credit card details. Completed forms can also be dropped in to the General Office.
4. Order will be processed and uniform items and will be sent home with your child, orders are usually completed within one week (excepting unavoidable delays from the supplier). Any items not available at time of order will be placed on back order and provided as soon as possible.

## DEAR PARENT

NumberWorks'nWords can help your child reach greater heights with our expert after-school Maths and English tuition.

From Prep to Year 10, no matter whether they're struggling to keep up, or bursting to race ahead, NumberWorks'nWords promises to give your child's education – and confidence – a real boost.

Over the past 30 years, NumberWorks'nWords has achieved amazing results with thousands of children just like yours, by:

- tailoring lessons according to your child's individual needs
- setting achievable goals and keeping you updated on your child's progress
- engaging your child with technology and resources developed by our own qualified experts
- using specialist, trained tutors who teach to the Australian Curriculum.

Right now NumberWorks'nWords is offering **FREE ASSESSMENTS** in Maths and English. These assessments provide a great opportunity for you to discover how your child is doing, collaborate on a plan to help them achieve their potential, and to see for yourself how effective – and enjoyable – NumberWorks'nWords specialist Maths tuition and English tuition really is.

**WITH OUR  
EXPERT TUITION,  
YOUR CHILDREN  
CAN REACH  
EVEN GREATER  
HEIGHTS.**



Call today to book your free assessment,  
or to discuss any concerns you may have  
about your child's progress.

PH 9574 9964

Kind regards,  
**Rachael Mathews**

1st Floor, 191 Coleman Parade, Glen Waverley

**NumberWorks'nWords**

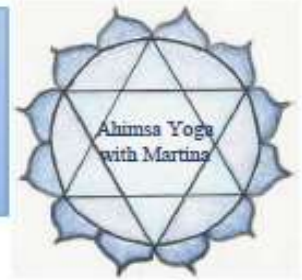
**Specialist Maths tuition  
and English tuition**

**[numberworksnwords.com/au](http://numberworksnwords.com/au)**





## Yoga Classes are back at Amsleigh Park PS!



All levels welcome

Are you **stressed**, have **trouble sleeping**, are **aches and pains** troubling you, are you looking to **recharge** your **batteries**, **improve** your **posture, flexibility, strength** and **balance**?

### Why not try a 6-week Yoga course?

Class times: Monday, 10 May 2021, 7:45 pm – 8:45 pm  
Monday, 17 May 2021, 7:30 pm – 8:30 pm  
Monday, 24 May 2021, 7:30 pm – 8:30 pm  
Monday, 31 May 2021, 7:30 pm – 8:30 pm  
Monday, 7 June 2021, 7:30 pm – 8:30 pm  
Monday, 21 June 2021, 7:30 pm – 8:30 pm

Venue: Before & after care building, APPS

Investment: \$84 (Concession: \$69)

Please bring: Yoga mat, blanket, water bottle

Please wear: Comfortable clothing

What else: Please arrive 5 - 10 minutes before class and come with an empty stomach.



### Please secure your spot by 7 May 2021:

Martina Rosenberger - Ahimsa Yoga with Martina  
Advanced Diploma of Yoga Teaching  
Yin Yoga Teacher Training, Level 1

**Phone: 0431 845 664**

**Email: [ahimsayogawithmartina@gmail.com](mailto:ahimsayogawithmartina@gmail.com)**

**Private & corporate classes, events & vouchers also available.**





**KUMON**

**FREE TRIAL**

Experience Kumon English or Maths over two weeks during May.

Find out how we can develop in your child:

- ✓ calculation and reading ability
- ✓ concentration
- ✓ a daily study and reading habit
- ✓ the confidence to learn independently.

First come, first served. Limited spaces!

**KUMON OAKLEIGH  
EDUCATION CENTRE**  
INSTRUCTOR: KAMY DE MEL  
Tel: 0418 585 300

\*See website for T&Cs

[au.kumonglobal.com](http://au.kumonglobal.com)

## CHANDLER MACLEOD

UNLEASHING POTENTIAL

745 Springvale Road  
Mulgrave, VIC, 3170  
ABN: 33 090 555 052

### School Crossing Supervisors Required

We are seeking dedicated individuals to work as School Crossing Supervisors located within the City of Stonnington.

These areas include:  
Toorak, South Yarra, Malvern, Prahran, Windsor and surrounding areas.

Ongoing positions with a great hourly rate, providing full training and full uniform.

Safety in the community is a priority. If this is you, please call Roberta (03) 8561 8833 or email your interest to

[Mulgrave-  
recruiters@chandlermacleod.com](mailto:recruiters@chandlermacleod.com)

for further assistance.



## AURORA CALISTHENICS COLLEGE

[www.aurora-calisthenics.com.au](http://www.aurora-calisthenics.com.au)

[auroracalisthenics@gmail.com](mailto:auroracalisthenics@gmail.com)



0458 224 008

Improve Co-ordination & Strength  
Build Confidence & Social Skills

Make New Friends  
Be Part of a Team  
Fun Weekly Classes  
Perform on Stage

Tinies (3-7 years)  
Tuesday 4.30 - 5.45pm

Sub-Juniors (8-10 years)  
Wednesday 4.30 - 6.15pm

Juniors (11-13 years)  
Thursday 4.30 - 6.30pm

Intermediates (13-17 years)  
Tuesday 6 - 8.30pm

Seniors (16 years & over)  
Wednesdays 6.45 - 9.45pm







## Parenting As A Team

For Parenting Couples

(Partners, Separated Parents, Grandparents, Carers, etc)

- What was it like for each of you, growing up?
- How does the way you grew up influence your own parenting?
- How do you make sense of your different parenting experiences?
- Would you both like to be the best parents you can be?
- How can you work as a team to get the best outcomes for your children?

Come along and chat to other parenting teams about how to make a difference, share stories and support each other

**When:**

Wednesdays - 5th May to 9th June 2021  
7.00pm - 9.00pm

**Where:**

**Online** - Via Zoom

**Who:**

Parents In The Eastern Suburbs of Melbourne

**Cost:**

**Free of charge** (Bookings essential)

**Bookings:**

Click on the link to book)

<https://www.trybooking.com/BPVUN>

Questions: Call Julia on 9721 3629

**PARENTZONE**

[anglicarevic.org.au](http://anglicarevic.org.au)

**BETTER  
TOMORROWS**



## Raising Resilient Kids

**A Parents Building Solutions Program  
for Parents of Children Aged 4 to 12 years**

**Would you like to:**

- Discover strategies to help your child bounce back from adversity
- Support your child to cope with change?
- Deal with anger and anxiety?
- Improve your communication and your relationship with your child?

**Join us to learn strategies, share stories  
and take some time out for you.**

**When:** Tuesday afternoons sessions  
11th May to 15th June (6-week program)

**Time:** 1:00 to 3:00 pm

**Where:** Online via Zoom.

**Cost:** Free of charge for parents and carers  
in Melbourne's Eastern Region.

**Please Note:** You will need a device that  
has access to video and audio, as well as a  
quiet child-free place to participate.

**Bookings:** [sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)



Health  
and Human  
Services

**PARENTZONE**

[anglicarevic.org.au](http://anglicarevic.org.au)

**BETTER  
TOMORROWS**