

SLEIGH PARK THE AMSLEIGH BUZZ 🕮



Term 4

Week 3

Principal Team Report

October 19, 2023

DIARY DATES

OCTOBER 2023

Tue 24th – Prep Museum of Play and Art (MoPA) excursion

Fri 27 – G2 Sleepover

NOVEMBER 2023

Fri 3 – G3-4 District Cricket Round Robin

Tue 7 – Public Holiday Melbourne Cup Day

Wed 15 – CURRICULUM DAY (Student Free Day)

Wed 15 – Prep 2024 Transition Session 1 9:15am-10:30am

Fri 17 – Slime Colour Run

Wed 22 – Prep 2024 Transition Session 2 9:15am-10:30am

TUESDAYS & THURSDAYS ARE NUDE FOOD DAYS @ APPS

DUE BEFORE DATES:

COPIES OF ALL NEWSLETTERS ARE AVAILABLE ON OUR SCHOOL WEBSITE.

Welcome to Mr Darlow

Issue 2

As Mrs Kwong went onto maternity leave this week we welcomed Mr Darlow to our teaching staff. Mr Darlow has taken over teaching Grade 2A for the remainder of 2023. We are fortunate to have Mr Darlow teaching at our school. Please join with us in making him feel welcome.

Performance Assembly



Our first performance assembly was a great success! A large audience of parents and carers came along and we were glad that we put out two rows of chairs, as there was not a spare seat in the house. The event kicked off with the 'acknowledgement to country' from our Preps, which they learnt through Term 4 Inquiry. Following this we enjoyed wonderful performances from our Grade 1s, Grade 3s, Leigh Club and the State Schools Spectacular group for 2023. These performances showcased lots of the great learning that our students are doing through the performing arts program including tuned percussion, singing and learning the recorder. I always enjoy hearing the singing, which is uplifting. Many thanks to everyone who attended, it's great to have an appreciative audience. Huge thanks to Mrs Kennedy who brings so much passion and commitment to our Performing Arts program and congratulations to our wonderful students for their entertaining performances!

German Poetry Competition

Well done to the many students who participated in the Regional German Poetry Competition in 2023. We are super proud of the results and offer sincere congratulations to all students for their efforts. The results were as follows:

Year 4 Honourable Mention –Logan, Liadan, Amelie D., Michaela and Holly Year 5 Gold medal -Mackenzie Silver medal -Nicola Honourable Mention and Best Delivery award - Anastasia Honourable Mention - Lilly H Erfogreiche Teilnahme (something like an excellent participation)- Malak, Hunter, Liana and Charlotte: Year 6 Silver medal - Avani Bronze medal - Minseo Honourable Mention and Best Intonation - Elaine Honourable Mention - Ekarta and Eizo Erfogreiche Teilnahme - Emilia

17 State Street, Oakleigh East, 3166 Phone (03) 9544 1553

Positive Feedback

We always enjoy receiving positive feedback about our students. We already know and appreciate their positive behaviours and excellent participation in daily school life, but it is great to have this confirmed by others. Well known incursion providers, Mini Boss, visited Amsleigh Park last Friday and we were thrilled to hear them say that our students were fantastic and a great pleasure to work with. Grades 4-6 participated in this incursion and when we dropped by to see how it was going, we could see how much our students were both enjoying the experience and engaged in the challenge. Great work 4-6.



Class Newsletters

Each term our teaching teams, which we call professional learning communities, put together a newsletter for the year level. These newsletters are done in level teams so Prep, 1/2, 3/4, and 5/6 as this is how the Victorian Curriculum is organised. The aim of the newsletters is to provide detailed information to parents and carers about the learning programs, experiences, and events for the term. There is specific information about Numeracy, Literacy, inquiry learning as well as specialist programs. I would encourage parents and carers to look out for these newsletters as they will help to understand more about what your child is doing at school.

Enrolment Census for 2024

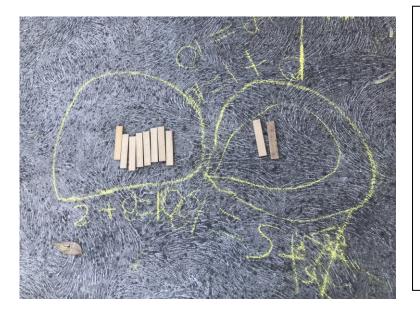
Sincere thanks to parents and carers for completing the enrolment census for 2024. Making an informed decision about the number of grades and teachers is so important at this time of year. We are close to a response from all families, and just make one final reminder. It is crucial that we find out about any children who are not returning so they are not counted in our lists. Even if it's just a possibility, it would be helpful to know. In this instance, please contact the general office via phone or email. Many thanks in advance.

The Fogo Trial

We are continuing our FOGO trial across Term 4 by collecting food and other organic waste. Each class has their own small FOGO bin and this is then emptied into the larger Green waste bins and put out for council collection. The best part is that this waste does not go into landfill and instead is turned into high quality organic compost. On the following pages we have included some information from City of Monash about the trial and how we can encourage nude food at school.

Until Next time... Michael Cormick PRINCIPAL

Bec Carr **ASSISTANT PRINCIPAL**



Preps learning Mathematics:

Pictured left you can see some of the great learning that our preps were doing on Friday at school. In this example the students are working out all the different ways to make the number 10. If you look closely around the outside you can see some of their examples written up such as 2 + 8 = 10. This is essential knowledge for children who need to learn how to work with and manipulate numbers such as 10. Nice work Preps!

Introduction of Food Waste Recycling at Amsleigh Park Primary School

Amsleigh Park Primary School's EnviroStars have been working with the Recycling Educators at City of Monash to introduce The Food Waste Recycling Program starting in Term 4. Each classroom has received a Food Waste Caddy (like the ones you may have at home) to divert food waste from landfill. Staff and Students will be required to dispose of their food waste in these caddies with students responsible for emptying the caddies into the larger food waste bins provided by Monash Council.



The school Caddy's will take the same items as the ones at home:

- fruit & vegetable scraps
- meat, bones & dairy
- sandwiches, cakes, cookies & fried foods
- Iollies & chocolates

We need to be careful of contamination such as:

- soft plastic wrappers
- fruit stickers and rubber bands.
- Some things you can do from home to help us include:
 - packing nude food lunches
 - taking off stickers and keeping packaging at home
 - discussing with children what they like to eat and how much

We need to work to keep contamination as low as possible so that we can continue to recycle food waste at Amsleigh Park Primary School and divert it from landfill. It is also important as our food waste will be recycled into high quality, nutrient dense compost to be used by Victorian farms and gardens to grow more food!

Nude Food Top Tips! Nude food is food without excess packaging (single- use plastics, foil wrap, cling wrap). It is great because it reduces waste going to landfill, keeps the school tidy and reduces the school's waste costs. It is also a great way to save money at home!

It is great to have kids involved in food preparation, having portion sizes to your child's needs, and thinking of ways to help the environment. It can be a challenging transition, but we ask to try your best! Here are our top tips to go nude food:

1. Have a good lunch box with compartments!

Check if you already have one lying around. If not, ask family and friends if they have a spare. Otherwise, visit your **local op shop** and look for Tupperware containers that could be used as a lunch box (this will save you some money).





If you do need to purchase a new lunch box, look to buy one that is **good quality**, will last and will wash up well. Remember to label all your reusable items (lunchbox, thermos, forks and spoons, drink bottles) so they all come home!

 Instead of purchasing small single-portion packets of snacks (such as biscuits or potato chips) purchase a large/bulk packet and place some of the snacks in a compartment of the lunch box or re-usable Tupperware.



You can also **purchase snacks from bulk food stores** with your own jars/containers and fill then fill the lunchbox with no waste! By shopping in bulk, you'll save money and time in the long run, plus cut down on product packaging significantly.

- Use beeswax wrap, reusable zip-lock bags and cloth pouches instead of cling wrap and foil. Depending on the lunchbox, you may not need any wrap for the sandwich or other food item as the lunchbox may be airtight and hold it securely in place. Link to make your own beeswax: <u>Plastic Wrap Alternatives & How To Make Cotton Beeswax Wraps |</u> <u>1 Million Women</u>
- 4. Make a little extra dinner and use this for the next day's lunch! This may include giving your child rice, pasta, noodles or soup which would be best kept warm. In this case, check your local **Op-Shop** for a **Thermos** or invest in a high-quality Thermos to keep food warm. This is also a great money and time saver!
- 5. Use reusable drink bottles for water rather than cans, plastic bottles and juice boxes. Filling a drink bottle with water from the tap is free and healthy! Remember: Juice boxes cannot be recycled due to the plastic lining, so these are destined for landfill.

As a parent, you know your child best so involve them in the conversation as to why nude food is important and make sure they still enjoy the food in their lunches. Remember, a few small changes can make a big difference for our environment!

FROM THE SCHOOL OFFICE ADMIN TEAM.....

Family Account Information

Thanks to the families that have paid 2023 Parent Contributions. Please ensure that a <u>completed Payment Advice Form is sent to the office</u> so invoices can be processed, and payments allocated correctly.

Copies of the 2023 Parent Contributions letter and Payment Advice forms were sent out by email and are also available from the school office or on our website. <u>www.amsleigh.vic.edu.au</u>

Student Medications

A reminder that a Medical Action Plan, completed by a doctor, must be provided for any student medication (eg. Ventolin, Epi Pens, severe allergy medication) stored at the school office. **We cannot store** or administer any medication without an Action Plan containing instructions from a doctor. Parents are required to provide up to date Action Plans and inform the school office of any changes to a student's medical condition / action plan.

This does not however, include occasional antibiotics. Wherever possible, parents should request antibiotic prescriptions that can be taken at home, ie Antibiotics that are required 3 times per day can be taken at home in the morning, on return from school and again at bedtime. For students that do require antibiotics at school, a parent must complete a medication authority form when handing medication into the office. All medication must be stored securely at the office for the safety of all students.

It is recommended that students with hayfever etc. take their medication at home before school.

Absences / Late Arrivals

<u>A reminder that all absences should be reported via Xuno</u>. This ensures that Admin staff, who process all attendance data, including late arrivals and early exits are receiving the information in the first instance. Teachers are notified of the absence/late arrival during this process. If you wish to pass on any further information to teachers, please send them an additional email. If unable to report via Xuno, absences can be advised by emailing the General Office or phoning the school and selecting "1" when prompted to leave an absence message. Students arriving late to school must be first signed in at the office by a parent before going to class. Parents should complete the sign in register, fill out a "Late Slip" and hand this to their child who will proceed on their own to their classroom and give the late slip to the teacher.

<u>School Emails – Check the email address you are sending / replying to</u>

When contacting classroom teachers, or responding to their emails via Xuno, remember to double check the '**To**' address.

Many emails meant for classroom teachers are arriving in the Amsleigh Park PS inbox, along with a huge number of other daily external emails. Replying to the school inbox may delay your communication being received by the classroom teacher in a timely manner and creates extra work for Admin staff.

When responding to a teacher's email, please refer to their email address that appears within their message and copy & paste that address into the address field.

Thank you,

Karen Hogan Business Manager



ZOOPER

KILLER PYTHONS

*Contain gluten

THE BIRTHDAY BUCKET!

Nondering what to do for your child's class to help celebrate their birthday?

Order a BIRTHDAY BUCKET and have a festive bucket delivered to your child's classroom just prior to lunch filled with either Zooper Doopers or Killer Pythons to ensure your child's birthday does not go by unnoticed.

Cost: \$15

Just fill out the below form and return it to the front office a minimum of 1 week prior to the date you would like your birthday bucket delivered. We will take care of the rest!

Please contact the PFA with any questions: apps.parents@gmail.com

APPS – BIRTH	DAY BUCKET ORDER SLIP
Please complete all details and return to the sch	ool office (min 1 week prior to delivery date)
STUDENT NAME:	CLASS:
Selectione Zooper Doopers \$15.00 O	R. Killer Pythons \$15.00
Date Birthday Bucket to be delivered to classro	om
Payment to be made over the cou	inter at the School Office by Credit/Debit Card <u>only</u> Thankyou
	IMPORTANT

Orders must be placed a minimum of 1 week prior to your requested delivery date

PFA NEWS

Run for Fun Colour Splatacular sponsorship booklets have been sent home with students. Parents can now create online profiles for their children at <u>www.australianfundraising.com.au</u>.

Big prizes are up for grabs! Unlock your first incentive prize simply by raising \$10 online. The more your child raises, the more prizes they will receive and the more our school will benefit.

You can also share in \$200k of extra prize credit, win a PlayStation 5 Gaming Bundle and become a Fundraising MonSTAR!

Let's kick off our fundraising efforts and make our goals a reality 🏂 🐻

For any questions, please contact your PFA on apps.parents@gmail.com

The PFA



Halloween - Trick or Treating

Tuesday October 31st 2023

If you're looking for somewhere to go Trick or Treating on Halloween, houses in the marked streets below are welcoming Trick or Treaters between 5.30pm and 7.30pm.



They will be displaying the following picture.



Students need parent permission to go Trick or Treating. Students of all ages going Trick or Treating must be accompanied by a parent or trusted adult, to ensure Trick or Treating is a safe and fun experience.



APPS UNIFORM SHOP

Located in the Thelma Baily Learning & Sporting Centre

OPERATING HOURS – TERM 4 2023 Tuesday afternoons 3:00pm – 3:45pm

Pay by Credit/Debit Card at the Uniform Shop

Orders for new Uniform items can be emailed to the general office if unable to attend in person on Tuesday afternoons. – credit/debit card payments only

Please download & complete a copy of our uniform shop order form and send as a PDF to <u>amsleigh.park.ps@education.vic.gov.au</u> Any Back orders will be filled as soon as stock is available.

In the event of incorrect sizing, please return unworn items/s with tags intact, together with the original packing slip that includes the child's name, grade and the correct size required.

A copy of the current approved uniform list/order form is available on our website <u>www.amsleigh.vic.edu.au</u>

Libby Jumas Uniform Shop Co-Ordinator

UNIFORM SHOP - 2nd HAND UNIFORMS & LOST PROPERTY

Thank you to the families that donate quality used uniform items back to the school. Please ensure that items are clean and have had any name labels/naming removed prior to dropping off the items. Second hand uniform items are only available to purchase during the Uniform Shop opening hours. We cannot take orders for second hand items, however requests for items to assist families experiencing financial hardship should be made at the General Office.

As stock relies on donations from parents, and changes regularly, there is no guarantee on availability of items. Stock of second hand items is currently very low, if you have any items that you are happy to donate back to the school, please drop them into the general office. Thank you

LOST PROPERTY - Sadly, there are many items in our lost property area in the canteen foyer. Named items are returned to class rooms by our wonderful volunteer helpers. Un-named items will be disposed of at the end of each term if not collected. Please ensure all of your childs belongings are clearly named and you regularly check the Lost Property area if you are missing any items.

Thank you, Admin Team

STUDENT NAME:					OR CLASS: DATE:							
APPROVED ITEM	COLOUR	\$ PRICE INC. GST	SIZE 4 QTY	SIZE 6 QTY	SIZE 8 QTY	SIZE 10 QTY	SIZE 12 QTY	SIZE 14 QTY	SIZE 16 QTY	SIZE 18 QTY	(INC GST)	Office Use ✓ & Date Supplied
Short Sleeve Polo SSP Size M-XL also avail POA	Navy/ Emerald	\$25.00										
Long Sleeve Polo LSP Size M-XL also avail POA	Navy/ Emerald	\$27.00										
Surf T-shirt STS (No Collar) Size M-XL also avail POA	Νανγ	\$15.00										
Windcheater <u>wc</u> Size 6 - 14 Size Small (16)	Navy	\$24.00 \$28.00										
Bomber Jacket <u>BJ</u> Size 4-14 Size Small (16)	Navy/ Emerald	\$37.00 \$42.00										
Shorts - Cotton <u>CRS</u> Rugby (Unisex)	Navy	\$15.00										
Shorts- Gabardine Zip Pocket <u>GS</u>	Navy	\$17.00										
Track Pants <u>TPDK</u> Double Knee-Unisex Size 4-14 Size 16	Navy	\$23.50 \$27.00										
Girls Pants <u>SLP</u> Straight Leg Viscose/Nylon/Elastine	Navy	\$23.00										
Girls Skort Gab <u>skrg</u> (Gabardine Fabric)	Navy	\$17.50										
Girls Skort Cotton <u>skrc</u> Size 4-14 Size 16-20	Navy	\$19.50 \$24.00										
Summer Dress SD	Navy & White	\$23.00										
** Bike Shorts Cotton/Lycra <u>BS</u>	Navy	\$12.00										
Art Smock AS	Navy	\$15.00		Small		м	edium	um Large				
* * Bike Shorts can only school dress. Not suitab							Toto	I From	Over I	,ade	\$	
SECOND HAND ITEMS \$ Office Use Only Decoded to			TOTAL ORDER \$							Office Use		
Receipt # Credit Card / EFT \$												
CREDIT CARD PAYMENT Student Name & Grade MasterCard or Visa only - Submit to General Office prior to collecting Uniform Order												
-	MasterCard or Visa only - Submit to General Office prior to collecting Uniform Order Cardholders Name: Card Expiry Date:/											
TOTAL \$ FOR: UNIFORM PURCHASE										IASE		
Cardholder Contact Phone Number: Card No:										7		

AMSLEIGH PARK PRIMARY SCHOOL - UNIFORM SHOP ORDER FORM Pricing Effective Term 4, 2023 (October 2 2023)

ITEM	COLOUR	PRICE INC GST	SIZE		QUAN	TITY	TOTAL \$ (INC GST)	Office Use ✓ Date Supplied
School Bag SBAG	Navy	\$36.00	N/A					
Book Bag <u>BB</u> Not required for Preps	Navy	\$8.00	N/A					
Slouch Hat <u>HAT</u>	Νανγ	\$10.00	SMALL M 55cm 57			XL 61cm		
Gloves G	Navy	\$5.00	4-6		7-10	12-16		
Winter Tights <u>WT</u> Sizes - 3-5 4-6 7-9 10-12	Νανγ	\$7.00						
Beanie <u>B</u> Child / Adult	Navy	\$5.00 ea	Child / Adult		CHILD	ADULT		
Scarf - one size <u>s</u>	Navy	\$5.00 ea	One size	•				
All Uniform items have b Policy for further information Please ensure you are order form – prices ar notice, previous versi	ation. e using a cu e subject to	urrent versio o change wi	n of this thout		nary School TOTAL THIS			

APPS UNIFORM SHOP ORDER FORM Effective Term 4, 2023

The uniform shop is located in the foyer of the Thelma Bailey Learning & Sporting Centre (Gym)

UNIFORM SHOP OPENING HOURS - TERM 4 2023 Tuesday afternoons 3:00pm – 3:45pm

Second hand Uniform items only available during this time

Credit /Eftpos/Debit card payments must be made at the General Office or Uniform Shop prior to collecting/receiving uniform items. "Tap" payments now available.

ORDER FORMS ARE AVAILABLE ON THE SCHOOL WEBSITE www.amsleigh.vic.edu.au

IF YOU DON'T NEED TO ATTEND THE UNIFORM SHOP IN PERSON DURING OPERATING HOURS, PLEASE PLACE AN ORDER AS PER THE FOLLOWING INSTRUCTIONS

Write child's name, grade and date of order at top of order form.

Indicate quantity of items required per size and total cost for each item.

 Scan (PDF) and email this completed form to <u>amsleigh.park.ps@education.vic.gov.au</u> OR send an email directly to the school with your details, student name and grade, the items required and credit card details. Completed forms can also be dropped into the General Office.

4. Order will be processed and uniform items and will be either sent home with your child or collected from the office if requested. Orders are usually completed within one week (excepting unavoidable delays from the supplier). Any items not available at time of order will be placed on back order and provided as soon as possible.



Information for families

Since the beginning of 2021, Amsleigh Park commenced using Xuno as our main communication tool with families, including newsletter distribution, absence notifications, student reports, communication with your child's teacher, messages and reminders, permission forms and online payments.

Xuno is a web-based school management program that has a website portal for use in a browser and an App, 'Xuno Family" for use on smart phones or tablets.

It is easy to use and is a vital tool to keep our parents informed about their child/ren's school life and all things happening at Amsleigh Park.

Bookings for "Get to Know You" & Parent Teacher interviews are also managed through Xuno. Parents can use Xuno to notify the school of any address/contact detail changes, absences, late arrivals, upcoming family holidays etc.

For new families - On enrolment, you should have received a welcome email from Xuno (please check your junk folder if not received in your inbox), with information on how to create your Xuno account. Please follow the instructions and links in the email, to create a Xuno account and password in your browser.

As Xuno is our main communication tool, it is important that all families are signed up so they are aware of school information and events.

Please contact the office if you require a Xuno welcome email to be resent.

Thank you,

Amsleigh Admin Team



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

(07) 3735 3351

🖂 cadrp@griffith.edu.au

griffith.edu.au/childhood-anxiety-treatment-study



Australian Government National Health and Medical Research Council



GU Ref No: 2019/146

WOOLWORTHS CRICKET BLAST AT OAKLEIGH CRICKET CLUB

WHO: 4 to 10 YEAR OLDS WHEN: SATURDAY 9:00AM - 10:00AM WHERE: Warrawee Park, Warrigal Road, Oakleigh

COST: \$99 (Includes WWB pack)

10 SESSIONS - STARTING SATURDAY 28 OCTOBER 2023

JOIN WITH FRIENDS PLAY TOGETHER

REGISTRATION NOW OPEN!



ENQUIRIES: OakleighBlast@gmail.com http://oakleighcc.com.au

OFFICIAL KIDS Program



